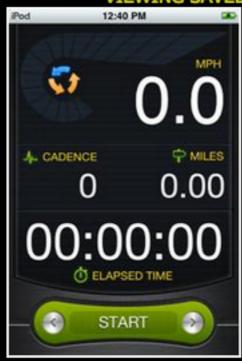
VIEWING SAVED BIKE RIDES FROM LIVERIDER CYCLING COMPUTER



On the main ride screen, slide the green chainstay icon.



As shown here, selecting a saved ride shows a graph of your speed over the course of your saved cycling ride.



Select "Saved Rides" to view a list of your saved sessions.



Swipe right to left to view a graph of your cadence data. The summary screens also show your time, average speed, cadence, distance, max speed, and calories for this bike riding session.



Select your desired saved session to view a summary of ride data for that session.



Select the notepad icon at the top (right side) of the summary screen to add notes about your session. Notes will appear as part of the name of your saved bike ride.

DELETING SAVED BIKE RIDES





After attaching the cradle securely, insert your iPhone or iPod touch.

Insert the LiveRider transceiver through the opening at the bottom of the cradle and into the 30 pin connector located on the bottom of your device.